

# Paracanoeing

## One of the new Paralympic sports for Rio

▶ **Paracanoeing is being introduced to the Paralympics Games in Rio de Janeiro in 2016. GB Canoeing are developing a national programme to ensure we have disabled athletes who will be competitive to win medals in Rio. They have already identified paracanoe athletes who will train over the next 3 years to qualify for a place at the Paralympics Games. Could you be one of them?**

Paracanoeists race 200m in a Kayak or Va'a (Outrigger Canoe). You paddle as fast as you can in a frenzied collaboration of mind and body to cross the finish line before your adversaries amidst an abundance of spray from start to finish. Sound like fun?

Paracanoe athletes are training at the Wey Kayak Club in Guildford, Surrey. Volunteer Coaches, all ex-international athletes, have taken the training group, currently 4 athletes, under their wing, all 4 (1 lady and 3 men), with different disabilities.

ProActive prosthetics, who supported two athletes at the London Paralympics, presented a Paracanoe to Wey Kayak Club for aspiring athletes to train in. Richard Nieveen, director of ProActive Prosthetics said "The London 2012 Paralympics left a huge mark on us as a profession. The athletes, who did not want to be called brave or court pity, blew us away and we ran out of words to describe them. They have shown us what triumph can emerge through



adversity. We were privileged to have supported two athletes, Stef Reid and Scott Moorhouse, competing in the Paralympic Games.

"I have been involved in

canoeing since I was a young boy and have competed at a national level. Looking forward to the next Paralympics in Rio, as a business we are privileged to make a contribution to Wey



**If you would like to learn more about Paracanoeing...**

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**To find out about opportunities at**

**Wey Kayak Canoe Club contact**

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Kayak Club.”

This canoe is designed to enable people with a range of disabilities to compete against each other without a handicap system. Wey Kayak Canoe Club

aims to have 4 or 5 of these boats in the club for the Paracanoe group of athletes.