



#ActiveAugust Creative Tasks



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Read some poetry	2 Plant a flower or tree	3 Create a den	4 Get outdoors when you can, bring a friend along.
5 Take a photo of something outdoors	6 Go for a scoot or push	7 Prepare your own breakfast	8 Dance	9 Read a graphic novel	10 Play hopscotch	11 Make your own lunch
12 Try something new	13 Go on a nature scavenger hunt	14 Create an obstacle course	15 Read a story set in another country	16 Visit your local fire station	17 Have a picnic	18 Paint rocks
19 Have a water fight	20 Build a sandcastle or sculpture	21 Feed the ducks or birds	22 Hug a tree	23 Fly a kite	24 Go stargazing	25 Go swimming
26 Go on a hike/ climb a hill	27 Enjoy a free concert/fete	28 Go on a treasure hunt or make your own	29 Read a non-fiction book or biography	30 Read a book that has been made into a movie	31 Run under a sprinkler	

