



THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION (LIMBPOWER)



LIMBPOWER

REGISTERED CHARITY NUMBER: 1132829

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR
ENDED 30 JUNE 2017
FOR
THE BRITISH AMBULANT DISABLED SPORTS AND ARTS
FOUNDATION (LIMBPOWER)**

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(LIMB POWER)
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**THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION
(LIMB POWER)
OVERVIEW FROM THE CEO FOR THE YEAR ENDED 30 JUNE 2017**

The Trustees have pleasure in presenting their report and financial statements of the charity for the year ended 30 June 2017.

1. OVERVIEW FROM OUR CEO

Welcome to LimbPower's sixth Annual Report. This year has been an exciting year for LimbPower and the limb loss community, with some incredible new projects and partnerships, two new staff members and a report which paints a positive and inspirational picture of the future life of amputees and individuals with limb difference.

LimbPower, together with our partners have made some amazing steps forward in supporting individuals with amputations and limb impairments to live healthier and more active lives. We are embarking on relationships with a broader range of partners, while consolidating our existing relationships. There have been changes and developments around the service provision for amputees and individuals with limb difference, with the NHS embarking on a full service review. Activity limbs and microprocessor knees have become available through the NHS offering amputees access to better technology and better outcomes.

The highlights from this year have been

- The announcement from Treasury that 1.5 million pounds had been found to provide children with activity limbs and to conduct research into getting the most innovative and new technologies to children. LimbPower has been incredibly privileged to share this journey with the Department of Health, Devices for Dignity, Starworks and the many children and families who have benefited from this provision of activity prosthetics.
- Being part of the National Together We Will Media Campaign, working with all seven NDSOs, The Activity Alliance (formerly EFDS) and Sport England to highlight the benefits of engaging in activity for persons with a disability.
- Launching the resources and videos LimbPower has spent three years developing to support amputees and individuals with limb difference. These resources enable the charity to support primary amputees and individuals with limb difference who are on low incomes or have greater mobility issues, as we can support them to be active in their own homes without the need to attend a gym, club or events.
- Our incredible supporters and volunteers. I am always humbled by the enthusiasm, compassion and time that our supporters and volunteers will dedicate to volunteering at LimbPower events, helping other people with limb difference and raising funds to enable the charity to function and deliver the invaluable programmes and resources we offer.
- I cannot write a summary about the incredible work LimbPower does without mentioning the dedicated staff who work tirelessly and with great passion and enthusiasm to deliver the services we offer our community. My thanks are due to them all and the report that follows will highlight examples of the first class work they do. My thanks also go to our Board of Trustees for their vision and insight.

This has been a phenomenal year and I truly believe that LimbPower is breaking down barriers and creating and highlighting facilitators to enable people with limb loss and limb difference to reach their potential and live healthier and more active lives.

Yours sincerely, Kiera Roche

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REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number: **1132829**

Registered office

Whitecroft
Tandridge Lane
Lingfield
Surrey
RH7 6LL

Trustees

The names of the current Trustees are:

Janet Williams - Trustee Chairperson, appointed 22.01.2017
Ross Wade – Trustee, appointed 20.11.2016
Jessica Cook – Trustee, appointed 15.07.2015
Carl Barrett – Trustee, appointed 2.3.2018
Angela Schroeder – Trustee Vice Chairperson, appointed 22.01.2017

CEO: Kiera Roche

The Trustees who also served the charity during the period were;

Damien MacDonald – resigned 30.10.2017
Chris Linnitt – resigned 11.04.2017

Bankers

HSBC

Independent Examiner

Martin Nsiah BA FCCA

Ambassador

Andrew Lewis
Anne Dickins
Anoushe Hasain
Danny Green
Gemma Trotter
Helen Chapman
Jack Eyres
Jodie Cundy
Rachel Morri

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3. STRUCTURE, GOVERNANCE AND MANAGEMENT

LimbPower is a charitable foundation founded on 19th October 2009 (Trust Deed), which established the objectives and powers of the charity, governed under its Articles of Association (AoA), which have been revised and updated at various AGMs since then. The charity was registered with the Charity Commission on 20 November 2009, registration number 1132829.

The charity's objectives are specifically restricted to the following "The relief of ambulant disabled people (individuals with limb loss or impairments to their limbs who are not wheelchair bound); by providing or assisting in the provision of facilities to enable such persons to participate in sports in the interests of social welfare and with the object of improving their conditions of life by aiding rehabilitation and improving the quality of life through the medium of recreational and competitive sports and arts.

We aim to achieve these objectives through the provision of useful and relevant information, access to facilities and opportunities for participation in sport and the arts.

HOW DO WE DO THIS:

- Through the provision of grassroots sporting and leisure opportunities.
- Through signposting and resources, such as: the website, factsheets and guides.
- Through advocacy, advice and information.
- Through workshops, clinics and events.
- We can act as umbrella or resource body.
- Through peer participation.
- Leading by example, through our challenge events and clinics.

4. THE CHARITY BACKGROUND

LimbPower – Living with limb loss

LimbPower (The British Ambulant Disabled Sports and Arts Foundation) is a registered charity (RCN 1132829) created in November 2009 for the benefit of amputees and individuals with limb impairments (individuals with congenital limb differences, club foot, hip dysplasia and acquired limb impairments such as balance disorders and peripheral nerve injury). Founded to fill a much-needed gap in disability sport, physical activity and access to the arts to improve quality of life and to aid lifelong rehabilitation. LimbPower are the lead organisation with the necessary expertise, experience and partnerships to engage, influence attitudes, change behaviour and physical activity and sporting habits of amputees and individuals with limb impairments an estimated population of 450,000 people. LimbPower have been recognised as a National Disability Sports Organisation by the English Federation of Disability Sport because they believe LimbPower have the credentials, track record and expertise to engage amputees and individuals with limb impairments in physical activity and sport; and the access to influence families, healthcare professionals, sports providers and government. In line with the Department of Culture Media and Sports strategy and the new Sport England strategy LimbPower have reviewed our position and amended our position to adopt some of the key elements identified by both the DCMS and Sport England around disability and physical activity and sport.

Direction^{SEP} To provide useful and relevant services our community want and need to enable them to engage in physical activity, sport and the arts to aid their lifelong physical, social and psychological rehabilitation. LimbPower are dedicated to having a positive, meaningful and measurable impact on improving the lives of amputees and individuals with limb impairments.

Through LimbPower's research and insight into the barriers and motivators to participation and through regular consultation with stakeholders with regard to the direction of the charity LimbPower can create products and services which will enable the charity to achieve our objectives.

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We understand the value and importance of engaging with our beneficiaries, volunteers and mentors who all have a vested interest in the charity and our success.

When we launched LimbPower the focus was on delivering events and activities to aid a limb impaired persons physical, social and psychological rehabilitation. Since becoming a National Disability Sports Organisation in July 2014 we have developed a more in-depth knowledge of the Disability Sports Landscape and as a result we have developed our services to include; events, workshops, toolkits, coaching resources, sport action plans, membership, case studies and factsheets, we have identified new stakeholders who can help LimbPower deliver our objectives, but on a larger, national scale. We have also identified new charitable objectives, which fit within our governance, which are highlighted in this plan.

Our vision is changing lives through the power of physical activity, sport and the arts.

Our mission is to engage amputees and individuals with limb impairments in regular and sustained participation in physical activity, sport and the arts to improve quality of life and to aid physical, social and psychological rehabilitation.

Our aims are to increase engagement, sustained participation and promote local inclusion to help limb impaired adults, young people and children reach their potential; to put each amputee and limb impaired person in touch with the right sport and leisure activity for their needs and ability. To provide expert knowledge and help to: the limb impaired, families physiotherapists, prosthetists, orthotists, occupational therapists, case manager, lawyers, support workers, coaches and other sport providers on how to engage and adapt sport for the limb impaired.

5. OBJECTIVES AND ACTIVITIES

- Increase the number of amputees and individuals with limb impairments taking part in physical activity, playing sport and enjoying the arts.
- Build early engagement opportunities through Identifying gaps in service provision and develop projects to meet the needs identified.
- Speed up and advance the rehabilitation of amputee and individuals with limb impairments (prosthetic and orthotic users) through education and engagement.
- Promote regular and sustained participation in physical activity, sport and the arts.
- Promote entry level participation in physical activity and sport through to club participation.
- Address the impairment specific issues for amputees and individuals with limb impairments.
- Promote access to sporting and arts events as a spectator or volunteer.
- Work with and support National Governing Bodies in attracting our community to their sports.
- Provide advocacy and advice through access to useful and relevant information on physical activity, sport and the arts.
- Increase beneficiary, volunteer and ambassador numbers to establish a wider reach.
- Open dialogue and engage with stakeholders around physical activity, sport and the arts. Raise the profile of the charity as the authority on engaging the limb loss community in activity, sport and the arts.

In formulating its objectives, the charity has considered the Charity Commission's published guidance on the operation of charities for the public benefit.

6. RISK MANAGEMENT

LimbPower conduct an annual Board review which includes a discussion on risk and the completion of the risk register. As part of the business planning exercises carried out during the year, the Trustees have considered the major risks to which LimbPower are exposed. The Trustees have reviewed systems and identified steps to mitigate those risks.

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7. CHARITY ACTIVITIES 2016 – 2017

LimbPower Event and Activity Review

8. ENGAGEMENT, PARTNERSHIPS AND COMMUNICATION

LimbPower works with individuals and families affected by amputation and limb difference on a day-to-day basis, offering advice, support and sign-posting to local and national opportunities, highlighting useful and relevant resources and educational materials. LimbPower also offers support and advice to healthcare professionals, lawyers, case managers and teachers as well as other people engaged with the rehabilitation of amputees and individuals with limb difference. We received thousands of phone calls, emails, letters and messenger messages asking for advice on health, fitness, prosthetics, orthotics, physical activity and sport.

Physical Activity Advisers Pilot

LimbPower ran a pilot to identify if placing Physical Activity Advisers at Roehampton and Manchester Prosthetic Limb Centres would increase engagement in activity. This pilot aims to provide an advisory service on sport and physical activity and to support the provision of such activity for in-patients and out-patients using the Limb Centre. These advisers are amputees who will be on hand one day a week to work with the Healthcare Professionals to engage patients in physical activity.

Talks, conference and exhibitions LimbPower attends relevant exhibitions, conferences, talks, coffee mornings, school talks and social events to engage with the community we serve. This engagement is vital to keep the community informed about our programmes and services and the programmes and services of other charities and organisations within the sport and community sectors.

Sports Sector LimbPower engage with the sport sector to deliver useful and relevant programmes and to signpost local opportunity to participate in physical activity the sports and the arts to aid physical, social and psychological rehabilitation and the quality of life to amputees and individuals with limb difference (Prosthetic and Orthotic Users).

LimbPower continues to engage with our NGB partners, supporting them to increase participation in their sport through sport action plans and affiliate agreements including:

- attending LimbPower events and engaging directly with amputees and people with a physical impairment,
- directing individuals to their activities,
- LimbPower continue to engage with EFDS and the other NDSO's through regular meetings, sharing ideas resources, working collaboratively on events, social media campaigns, research and resources. We also engage with Country Sports Partnerships and other sports bodies and organisations.

Charity Sector LimbPower engages with a number of disability organisations including the Douglas Bader Foundation, Limbless Association, Reach, Steps, The Teenage Cancer Trust, The Arctic One Foundation and the Meningitis Research Foundation and we are developing relationships with other emerging charities.

Healthcare Sector

LimbPower engages with manufactures in the Prosthetic and Orthotic Industry. Through these relationships we have gained further credibility in the industry and become a trusted partner.

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Marketing and communications - Social Media Campaigns

The Together We Will: This campaign ran from July to the end of September 2016. The National Disability Sports Organisations (NDSO) and Activity Alliance (formerly EFDS) came together, supported by Sport England to encourage disabled people to be more active. The **Together We Will** campaign aimed to support and motivate disabled people along with their friends and family to become healthier, stronger and have fun being active. Over the summer, we showcased a series of ambassador stories from disabled people, about how and where they enjoy being active with friends and family. We also made it easier to find useful information about people and organisations that can support disabled people to be more active.

Limb Loss Awareness Month is an awareness campaign from America brought to the UK by LimbPower. LimbPower engaged all of the limb loss charities and service providers in this campaign giving us national coverage. This campaign ran throughout the month of April to raise awareness of limb loss and limb difference. LimbPower ran a social media campaign called [#GetMoving](#) to raise awareness of the physical health benefits and mental health benefits of engaging in physical activity with a focus on moving more at home, in the office and for children. LimbPower created a series of three infographics called 'Move More at Home', 'Move More at Work' and 'Move More for Children'.

I can campaign; This celebrated the International Day of Persons with Disabilities and European Limb Loss Day on 3rd December. This was a social media campaign to promote the positive experiences of individuals with limb loss and limb difference. This campaign ran in partnership with LimbPower, Limbless Association and the London Prosthetic Centre.

9. ACTIVITIES

Children's Prosthetic Fund

Last year the government announced that £1,500,000 would be released for Children's Activity Prosthetic Limbs, a major step forward for all of the individuals and organisations who campaigned to secure this fund. £750,000 of this fund has been allocated to providing children up to the age of 18 with prosthetic limbs and components and £750,000 has been allocated to a research collaboration into identifying what children and their families want from their prosthetic service and how this can be delivered. LimbPower has been working closely with the Department of Health to formulate the strategy for delivering sporting prosthetics to children via Prosthetic Artificial Limb Centres and in administering the Children's Prosthetic Fund to facilitate the application and invoicing procedure to make it easy and efficient for all Limb Centres. NHS Prosthetic Limb Centres across the country have been prescribing activity limbs for children since October 2016, with over 70 children already in receipt of activity limbs. LimbPower has also been working with and supporting Devices for Dignity - Starworks who are leading on the prosthetic research

Fundamental Skills Workshops

LimbPower has researched and developed the Fundamental Skills workshops for child amputees aged 5-18 to support the Children's Prosthetic Fund which LimbPower administers. Children with amputations and limb impairments can be excluded from school and community activities through social, physical and psychological barriers. These workshops are designed to teach children how to use their activity limb/s to aid their participation in physical activity and sport, both in school and in the community. The Fundamental Skills programme has six ability levels focusing on key skills including; throwing, catching, kicking, running, jumping and skipping. Each participating child will receive a Fundamental Skills certificate for taking part and a badge if they master the skills for each level. All exercises are adapted for amputees and children with limb difference by our team of coaches from Eclectic Coaching and with input from Roehampton University and British Athletics. The first workshop will run in November 2017.

Introduction into Physical Activity and Sport Workshops LimbPower worked with the University of Roehampton to write the course content and to write training and delivery notes for the course tutors. The objective was to deliver a course which provides information and exercises to engage inactive amputees and individuals with limb impairments in physical activity. This event was created to address the gap in the market between leaving the limb centre and engaging

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in physical activity and sport. These workshops are designed to assist amputees and individuals with limb difference who want more than the general mobility and standard rehabilitation offered at the prosthetic limb centres. The workshops cover areas such as strength, agility, balance and coordination and overcoming barriers to sport through both practical and theory sessions in a one-day course. Each course can accommodate up to 30 participants and are held in different locations around England at, or close to, prosthetic limb centres. Attendees are generally the newly impaired going through the rehabilitation process or those who have been recently discharged from regular physiotherapy from their prosthetic limb centre, and who are interested in increasing their fitness but who are not actively participating in regular sport. Two courses were run in this Financial Year.

Multisport Events

LimbPower continues to run multisport events, which are designed to engage individuals with limb impairments in physical activity and sport, creating a pathway to sustained participation. LimbPower run the annual LimbPower Junior Games which took place in June 2017. The Junior Games is an annual event on the sports calendar and forms part of the pathway from grassroots participation in sports to sporting excellence and national representation for children. The main focus of the Junior Games is to provide young amputees and children with limb difference with an opportunity to participate in physical activity and sport in a safe and conducive environment, where they can compete against their peers. Young people received instruction from qualified coaches from National Governing Bodies of Sport and experienced athletes in a wide range of sports and activities. This year LimbPower organised a **multisport** event as part of the plan to run two regional multisport events to reach different areas of the county, with a focus on getting more inactive disabled people active and engage with new people. The first event took place at St Mary's University Twickenham on 25th June 2017.

An additional benefit of these events is the opportunity to meet other and more experienced amputees in a conducive environment where ideas, experiences and information can be shared. By operating an open programme LimbPower encourages amputees of all ages and all abilities to "have-a-go" at a wide range of sports, giving them the best opportunity to find a sport which suits their lifestyle and ability.

Resources

LimbPower conducted research with St Mary's University and Chichester University into the barriers and facilitators of engaging in physical activity and sport. From this and other research LimbPower identified that many primary (new) amputees require support and resources at the early stages of rehabilitation, before they consider taking part in a group activity. Between 2014 and 2017 the charity has focused on developing resources, including online exercise videos for balance and co-ordination and strength and conditioning (<http://limbpower.com/index.php/resources/toolkit-videos>), **Accessing Sport and Physical Activity** Fact Sheets (10) on how to access physical activity and sport, **educational resources** (3), **guides & toolkits** (3) with four more in the pipeline and social media campaign **infographics** (3).

Sports Matrices - LimbPower consulted with healthcare professionals and sports scientists for over a year to create the Prosthetic Sports and Physical Activity Matrix to inform amputees and users of prosthetics about the prosthetics available on prescription from the NHS to enable them to engage in physical activity. One of the barriers LimbPower identified is that service users mistakenly think they need a bespoke activity prosthesis to take part in activity and sport. LimbPower dispelled this myth with the creation of the Prosthetic Sports and Physical Activity Matrix. There is a version for both upper limb and lower limb prosthetic users.

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10. ACHIEVEMENTS AND PERFORMANCE

Research

Research, monitoring and evaluation is key to the work LimbPower undertakes, it enhances our understanding of the sports sector and amputee and limb loss community that we serve. Research gives LimbPower insight into what is required to tailor our current programmes, practice and resources to meet the needs of the community we serve. Research also provides LimbPower with the evidence and need to engage with our many partners and to help advise and support their work in providing quality opportunities for amputees and people with a limb impairment. When conducting research projects LimbPower work in collaboration with other relevant organisations, universities and appropriate partners. Research we have conducted in collaboration to date includes:

- Leisure Time Physical Activity – (2017) Adult Outpatients: conducted by Ross Wadey, St Mary's University, Twickenham, and Mellissa Day, University of Chichester. (<http://limbpower.com/index.php/resources/research>). Building upon this published study, its findings are currently being transformed into several narrative stories not only for a subsequent academic publication, but also for intended use on the LimbPower website.
 - LimbPower Sport and Physical Activity Survey (2016) Conducted by EFDS on behalf of LimbPower, we embarked on this research to better understand the motivations and barriers to participation in physical activity and sport amongst people who have undergone an amputation or were born with a limb impairment. (<http://limbpower.com/index.php/resources/research/limbpower-sport-and-physical-activity-survey-2016>).
 - The impact of using a prosthesis on participation in sport and physical activity (2017). Conducted by John Head, Salford University, a deeper evaluation of the LimbPower Sport and physical Activity Survey (2016). (<http://limbpower.com/index.php/resources/research/impact-using-prosthesis-participation-sport-and-physical-activity-2017>).
 - Ongoing research with adult inpatients: Collaboration between St Mary's University, LimbPower and Queen Mary's Hospital, Roehampton exploring the psychosocial experiences of people with an amputation in Queen Mary's Hospital.
 - 'Encouraging Disabled People to Volunteer in Sport': (2017) This research was carried out by the EFDS in partnership with the eight National Disability Sports Organisations, including LimbPower and Sport England. (<http://limbpower.com/index.php/resources/research/encouraging-more-disabled-people-volunteer-sport>).
 - Active Beyond Education?: (December 2015) The research explores young disabled people's experiences of sport and physical activity, during their transition from education to adulthood. (<http://limbpower.com/index.php/resources/research/research-item>).
 - A Survey for Parents of Children with An Amputation. Conducted out by Ross Wadey, St Mary's University, Twickenham, and Mellissa Day, University of Chichester on behalf of LimbPower.
 - Children's Prosthetic Fund: A Service Evaluation - Research with Junior Outpatients: Conducted by Jessica Law, Associate Lecturer in Sport Rehabilitation at the University of Bolton is conducting a service evaluation of the Children's Prosthetic Fund in conjunction with the charity LimbPower.
 - LimbPower were working with NHRI and Devices for Dignity around children's prosthetics. You can read more about this programme here. (http://devicesfordignity.org.uk/starworks_cp/)
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FUNDRAISING

LimbPower are enormously grateful for every single donation we receive from individuals, families and organisations. We thank each and every one of our donors for supporting the work of the charity in so many creative and interesting ways, from fundraising challenges, tea morning and sponsored event to poetry readings and photoshoots. LimbPower could not run our invaluable service without their support. The determination and dedication we have witnessed from our supporters is astounding.

LimbPower has focused its fundraising programme on organisations and companies working the community LimbPower serves, such as prosthetic and orthotic manufacturers and service providers and grant makers who already provide grants in the area of disability sport. By focusing our fundraising activities in this way LimbPower are able to make the best use of the limited resources the charity for resources, events and opportunities we need to expand this programme, however our philosophy is to focus on current activities and do them well before we look at developing the programme.

MAIN GRANTS DONORS

Department of Health
Sports England

OUR CORPORATE AND TRUST SPONSORS

Aviva	Leigh Day
Blatchford	Otto Bock Healthcare PLC
Churchdown Village Junior School	St Cedd's School
Dorset Orthopedic	Stewarts
Douglas Bader Foundation	The Hawthorns School
Hazelwood PTA	

OUR DONORS

Alan Fox	Jack Eyers	Neil Mcloughlin
Alan Roche	Jacky Courtney	Philip McCormick
Andrew Keen	James Hateley	Pippa Whitmore
Andy Brittles	Jon Wittenburg	Rachel A Hayne
Angela Schroeder	Judy Appleby	Richard Clearry
Anne Garland	Kate Mercer	Robert Roche
Barclays PLC	Kiera Roche	S Bey
BAPO Ltd	Laura Cartmill	Simon Fraser (Aviva)
Carly Bauert	Lauren Gregory	Siobhan Strike
Caroline Bennett	Lee Millard	Sonja Sanghani
C F Merchie	Linda Chen	Stour Village Hall
Crown Partners	Lisa Verlander	Susan White
Damien MacDonald	Lorraine Dawson	Vinay Rao
Danny Champion	Mark Pattenden	Go Glass Cambridge Ltd
Emma Bolster	Michelle Woods	ND & SP Manders
Fiona Ward	Monetary Solutions	Toni Rochowski
Gary Dixon	Myerson Solicitors	

VOLUNTEERS

LimbPower would like to offer thanks to all the fantastic fundraisers and Volunteers, their support is invaluable and immeasurable.

N.B. While LimbPower has aimed to include all our sponsors here, we apologise in advance for any omissions. If that is the case, please contact us and you'll get a special mention in our next e-newsletter and on our website.

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STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity Commission requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable organisation and of the incoming resources and application of resources, including the income and expenditure, of the charitable organisation for that period end 30 June 2017. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charity Commission Act. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware;
and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

Approved by order of the board of Trustees on 30 April 2018 and signed on its behalf by

.....
Janet Williams – Trustee Chairperson

**THE INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION (LIMBPOWER)**

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 30 June 2017.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation you are satisfied that the accounts of the Charity are not required by charity law to be audited and have chosen instead to have an independent examination.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

1. accounting records were not kept as required by section 386 of the 2006 Act and Regulation 4 of the 2006 Accounts Regulations;
2. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
3. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Martin Nsiah BA FCCA
31 Cochrane Drive
Dartford
Kent DA1 2GE
Chartered Accountant

Date: 30 April 2018

**THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION
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STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2017**

	Notes	Unrestricted funds £	Restricted funds £	2017 Total funds £	2016 Total funds £
INCOME AND ENDOWMENTS FROM					
Voluntary income	2	8,231	146,516	154,747	66,683
Activities for generating funds	3	53,754	24,000	77,734	78,322
		_____	_____	_____	_____
Total		61,965	170,516	232,481	145,004
EXPENDITURE ON					
Costs of generating funds	4	25,354	12,809	38,163	33,492
Charitable activities	6				
Sports England (Inclusive Sports)			68,266	68,266	58,116
Department of Health			21,315	21,315	1,053
Limb Power Adult and Junior Games			11,444	11,444	21,833
Activity Kits and Research			8,463	8,463	5,444
Other Charitable activities			5,262	5,262	4,563
Support and Admin costs		17,724		17,724	10823
Governance Cost	5	5,539		5,539	2,415
Other		_____	_____	_____	_____
Total		48,617	127,559	176,176	137,739
Net gains/(losses)		_____	_____	_____	_____
NET INCOME/(EXPENDITURE)		13,348	42,957	56,305	7,265
RECONCILIATION OF FUNDS					
Total funds brought forward		110,333	2,500	112,833	105,568
		_____	_____	_____	_____
TOTAL FUNDS CARRIED FORWARD		<u>123,681</u>	<u>45,457</u>	<u>169,138</u>	<u>112,833</u>

**THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION
(LIMBPOWER)
BALANCE SHEET AT 30 JUNE 2017**

	Notes	Unrestricted funds £	Restricted funds £	2017 Total funds £	2016 Total funds £
FIXED ASSETS					
Tangible assets	8	3,402	1,129	4,531	3,171
		3,402	1,129	4,531	3,171
CURRENT ASSETS					
Debtors	9		31,500	31,500	5,000
Cash at bank		<u>124,886</u>	<u>24,359</u>	<u>149,245</u>	<u>113,631</u>
		124,886	55,859	180,745	118,631
CREDITORS					
Amounts falling due within one year	10	(4,607)	(11,531)	(16,138)	(8,969)
		120,279	44,328	164,607	<u>109,662</u>
NET CURRENT ASSETS					
		123,681	45,457	164,607	112,833
TOTAL ASSETS LESS CURRENT LIABILITIES					
		123,681	45,457	169,138	<u>112,833</u>
NET ASSETS					
		123,681	45,457	169,138	<u>112,833</u>
FUNDS					
15					
Unrestricted funds:					
General fund				<u>123,681</u>	<u>110,333</u>
Restricted funds:					
Sports England and Department of Health				<u>45,457</u>	<u>2,500</u>
TOTAL FUNDS					
				169,138	<u>112,833</u>

**THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION
(LIMBPOWER)
BALANCE SHEET AT 30 JUNE 2017CONTINUED**

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable organisation keeps accounting records that comply
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of each financial year and of its surplus or deficit for each financial.

The financial statements were approved by the Board of Trustees on 30 April 2018 and were signed on its behalf by:

.....
Janet Williams Trustee Chairperson

**THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION (LIMBPOWER)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2017**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

The directors continue to review fund raising activities and the cost structure of the company. The use of the going concern basis of accounting is considered appropriate because there are no material uncertainties related to events or conditions that may cast significant doubt about the ability of the company to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computers and Office equipment - 20% straight line method.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION (LIMBPOWER)
NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 JUNE 2017

2a. VOLUNTARY INCOME

	2017	2016
	£	£
Subscriptions	285	265
Donations	7,674	27,205
Third Party donation	9,515	8,353
Sponsorship	<u>5,272</u>	<u>-</u>
	<u>22,746</u>	<u>35,823</u>

2B. Grants

	2017	2016
	£	£
Department of Health	40,500	-
Sports England – Inclusive Sports Fund	<u>91,501</u>	<u>30,860</u>
	<u>132,001</u>	<u>30,860</u>

3. Activities for generating Income

	2017	2016
	£	£
Ways of Roses	5,247	15,096
ManiC Marafun	8,042	5,287
London Parallel Event	770	80
Amputea Febreware	3,695	-
Hike the Pike and Snowden	7,464	2,375
Limb Power Junior Games	18,766	7,997
Limb Power Adult Games	9,066	27,331
Limb Power Ball	21,006	16,071
Marketing, web links and Advertising	3,580	3,630
Other fundraising activities	<u>99</u>	<u>455</u>
	<u>77,734</u>	<u>78,322</u>

4. COSTS OF GENERATING FUNDS

	2017	2016
	£	£
Staff Costs	7,539	7,150
Amputea Febreawary	220	-
Ways of Roses	-	10,038
Hike the Pike	3,730	400
Manic Marafun	1,523	1,123
Limb Power Ball	6,134	8,486
Night Rider	600	-
Other Fundraising Costs	4,069	2,434
Donation to beneficiaries	12,808	-
Marketing & Advertising	<u>1,540</u>	<u>3,861</u>
	<u>38,163</u>	<u>33,492</u>

**THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION
(LIMBPOWER)
NOTES TO THE FINANCIAL STATEMENTS CONTINUED
FOR THE YEAR ENDED 30 JUNE 2017**

5 GOVERNANCE COSTS

	2017	2016
	£	£
Staff Costs	2,893	2,150
Insurance	719	-
Bookkeeping and Accountancy	482	265
Training	1,401	-
Travel	44	-
	<u>5,539</u>	<u>2,415</u>

THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION (LIMBPOWER)
NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 JUNE 2017

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2017 nor for the year ended 30 June 2016.

7. STAFF COSTS

Staff costs were as follows:-

	2017	2016
	£	£
Salaries and wages	73,475	49,833
Social security cost	<u>6,330</u>	<u>4,638</u>
	<u>79,805</u>	<u>54,471</u>

The average number of staff employed by the charity during the financial year was 4 (2016: 2).

No employee received emoluments of more than £60,000 in the year ended 30 June 2017 or 2016.

8. TANGIBLE FIXED ASSETS

	Computers and office equipment £
COST	
At 1 July 2016	4,934
Additions	<u>2,905</u>
At 30 June 2017	<u>7,839</u>
DEPRECIATION	
At 1 July 2016	1,763
Charge for year	<u>1,545</u>
At 30 June 2017	<u>3,308</u>
NET BOOK VALUE	
At 30 June 2017	<u><u>4,531</u></u>
At 30 June 2016	<u><u>3,171</u></u>

THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION (LIMBPOWER)
NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 JUNE 2017

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017	2016
	£	£
Trade debtors	-	-
Other debtors	31,500	5,000
Prepayments	-	-
	<u>31,500</u>	<u>5,000</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2017	2016
	£	£
Trade creditors	12,660	7,386
Social security and other taxes	1,978	833
Accrued expenses	1,500	750
	<u>16,138</u>	<u>8,969</u>

THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION (LIMBPOWER)
NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 JUNE 2017

11. MOVEMENT IN FUNDS

	At 1.7.16 £	Net movement in funds £	At 30.6.17 £
Unrestricted funds			
General fund	110,333	13,348	123,681
	<u> </u>	<u> </u>	<u> </u>
Restricted funds			
Sports England	2,500	32,392	34,892
Department of Health	<u> </u>	<u>10,565</u>	<u>10,565</u>
TOTAL FUNDS	<u>112,833</u>	<u>56,305</u>	<u>169,138</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Adjustment £	Movement in funds £
Unrestricted funds				
General fund	61,965	(48,617)		13,348
Restricted funds				
Sports England	130,016	(97,624)	-	32,392
Department of Health	<u>40,500</u>	<u>(29,935)</u>	<u>-</u>	<u>10,565</u>
	<u>170,516</u>	<u>(127,559)</u>	<u>-</u>	<u>42,957</u>
TOTAL FUNDS	<u>232,481</u>	<u>(176,176)</u>	<u>-</u>	<u>56,305</u>

12. TAXATION

The charitable organisation is exempt from corporation tax on its charitable activities.

**THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION (LIMBPOWER)
NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 30 JUNE 2017**

13. FUNDS

Restricted Funds:-

Restricted Funds:-

Sport England 'Inclusive Sport'

LimbPower received National Lottery funding through Sport England's Inclusive Sport Fund. This support will help to increase participation opportunities for amputees and people living with limb loss in sport and physical activity for the next three years. The programme runs from 1st October 2014 until 30th September 2017.

Department of Health

LimbPower received funds from the Department of Health for LimbPower to Administer the Children's Prosthetic Fund to provide children with activity limbs through the NHS and to run the Fundamental Skills Workshops to support children who have received activity limbs through Children's Prosthetic Fund. This funding runs from 1st October 2016 until 30th March 2018

THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION (LIMBPOWER)
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2017

	2017 £	2016 £
INCOME AND ENDOWMENTS		
Voluntary income		
Subscriptions	285	265
Donations	7,674	27,205
Third Party Donation	9,515	8,353
Sponsorship donation	<u>5,272</u>	<u>-</u>
	22,746	35,823
Activities for generating funds		
Ways of Roses	5,247	15,096
Mania Marafun	8,042	5,287
London Parallel Event	770	80
Amputea Febrewary	3,695	-
Hike the Pike	7,464	2,375
Limb Power Junior Games	18,766	7,997
Limb Power Adult Games	9,066	27,331
Limb Power Ball	21,006	16,071
Advertising, weblinks	3,580	3,630
Other fundraising Activities	<u>99</u>	<u>455</u>
	77,734	78,322
Grant		
Department of Health	40,500	-
Sports England	<u>91,501</u>	<u>30,860</u>
	132,001	30,860
Total incoming resources	<u>232,481</u>	<u>145,004</u>

THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION (LIMBPOWER)
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2017

	2017	2016
	£	£
COSTS OF GENERATING FUNDS		
Staff Costs	7,539	7,150
Ways of Roses	-	10,038
Amputea Febrewary	220	-
Hike the Pike	3,730	400
Mania Marafun	1,523	1,123
LimbPower Ball	6,134	8,486
Night Rider	600	
Marketing and advertising	1,540	3,861
Donations to beneficiaries	12,808	-
Other events	4,069	2,434
	<u>38,163</u>	<u>33,492</u>
Charitable activities		
Sports England – Wages, salaries travel and other project costs	68,266	58,116
Department of Health – Wages, travel and other project costs	21,315	1,053
Limb Power Games Junior and Adult	11,444	21,833
Activity kits and Research	8,463	5,444
Other charitable activities	5,263	4,563
	<u>114,751</u>	<u>91,009</u>
Support costs and General Admin Cost		
General Admin costs		
Staff wages	8,245	5,000
Social media Costs	328	393
General Office Expenses	586	123
Insurance	539	321
IT and Website support	202	634
Postages	342	125
Bookkeeping and Accountancy	1,927	1,059
Office stationeries and printing costs	4,217	2,839
Subscriptions	281	-
Bank Charges	542	-
Depreciation	515	329
	<u>17,724</u>	<u>10,823</u>

THE BRITISH AMBULANT DISABLED SPORTS AND ARTS FOUNDATION (LIMBPOWER)
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2017

	2017	2016
	£	£
Governance costs		
Staff and wages costs	2,893	2,150
Accountancy and legal fees	482	265
Insurance	719	-
Travel	44	-
Professional fees for Staff and Trustees training	1,401	-
	<u>5,539</u>	<u>2,415</u>
Total resources expended	176,176	137,739
	<u> </u>	<u> </u>
Net Surplus	<u>56,305</u>	<u>7,265</u>