



For
Adults &
Children



LIMBPOWER MANCHESTER

Multisport Event & DANCE WORKSHOP

SATURDAY 27th APRIL 2019

**Armitage Centre, Moseley Rd,
Manchester M14 6HE**

(Manchester University)

**LimbPower are hosting a one day Multisport
Event and Dance Workshop in Manchester
for people with physical impairment.**

The morning session will be for children aged
between 5 and 18 years old and the afternoon session
is for adults over the age of 18.

Morning session: 9.30am till 12.30pm

Afternoon session: 1pm till 4pm

Join LimbPower at this exciting and fun packed
multisport event. Try sports in a safe and friendly
environment receiving instruction from qualified
and experienced coaches trained to work with people
with a disability. The sports on offer include; climbing,
cycling, athletics (track athletics), sitting volleyball,
Nordic walking, tennis and football. There will also
be sport and physical activity organisations attending
the event to provide you with information about
local opportunities.

Please note that this programme is subject to change.

To enter:

Download an entry form from the LimbPower website.
www.limbpower.com

If you would prefer a hard copy of the entry form
please contact:

andy@limbpower.com 07503 030702

All participants must complete a registration form

If you have any questions or you would like further
information about this event contact Andy Brittles.

Please return the completed entry forms to:

**Andy Brittles, Sports Development Officer,
Whitecroft, Tandridge Lane, Lingfield, Surrey RH7 6LL**

Supported by:

