











- Join amputees and people with limb impairments for three individual days of sport and socialising
- You don't need to be fit, just willing to give it a try
- Have-a-go at more than 10 different sports
- A mentor will help you find your way around



The sports on offer include athletics, archery, badminton, climbing, cycling, football, golf, Nordic walking, sailing, sitting volleyball, tennis and wheelchair basketball. \*This programme is subject to change dependant on the venue.



Entry fee for participants is £15 including lunch (£10 for members quoting Membership number).

If you are an amputee or have a limb impairment, this event is for you. You will have a unique opportunity to participate in sport and

physical activity in a relaxed, friendly and supportive environment. This event is open to all individuals with an acquired amputation, acquired limb impairment, congenital limb absence, and limb difference.



LimbPower is a National Disability Sports Organisation supporting amputees and individuals with a limb impairment to reach their potential. As a charity, our vision is to change lives through the power of sport, physical activity and the arts.

## How to enter

Download entry forms for these events from www.limbpower.com. If you require a hard copy of the entry form, please contact suzanne@limbpower.com or call 07789 075632.

For further information, call Andy Brittles:

T: 07503 030702

E: andy@limbpower.com

www.limbpower.com

Please return completed forms to:

Suzanne Thomas Whitecroft, Tandridge Lane, Lingfield, Surrey, RH7 6LL